



22 Acts of Kindness (Yule edition)

1. Give someone a 1-minute hug
2. Leave a nice note in the grocery store
3. Write a Yule card
4. Create an ornament for the Yule tree and gift it
5. Text someone and tell them they are awesome
6. Donate something you no longer need
7. Bake your neighbour a cake or cookies
8. Give a compliment
9. Mail a handwritten letter
10. Pay for someone's food
11. Tell family members you love them
12. Say thank you
13. Hold the door open for someone
14. Let someone go ahead of you in line
15. Hide a euro/dollar in a store
16. Smile at everyone you see today
17. Make someone laugh
18. Leave a note/treat for the mailman
19. Pick up litter
20. Make a present for a friend
21. Do a chore for someone
22. Have a beautiful Yule!

